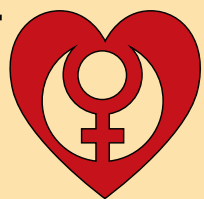


SMART



Winter

2024

SMART LIVE!

VIRTUAL

PROGRAMMING

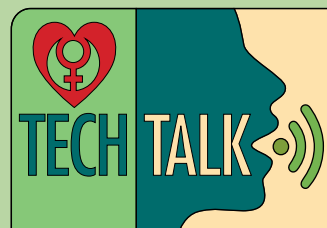
January 9 - February 27



Tuesdays at 11 am

(University classes are for SMART participants only. Zoom link will be emailed to you.)

January 9 - February 27



Tuesdays at 12:30pm on Facebook Live*

Learn to be more tech savvy!

January 10 - February 28



Wednesdays at 10am

Join us for our walking group! Meet in Jefferson Park at the track.

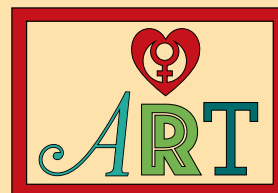
January 11 - February 29



Thursdays at 11 am on Facebook Live*

Learn to cook healthy meals!

If you are a SMART participant and want to receive a monthly art kit to work on at home, email les.larue@smartuniversity.org to be added to the list!



* www.facebook.com/smartuniversity

For more information, contact sam.clare@smartuniversity.org