

SMART



FALL

2023

SMART LIVE!

VIRTUAL

PROGRAMMING

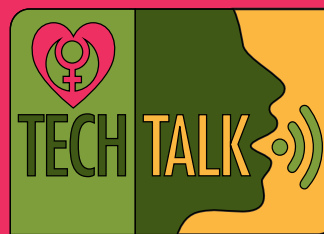
Sept. 12 - Oct. 31



Tuesdays at 11am

(University classes are for SMART participants only. Zoom link will be emailed to you.)

Sept. 12 - Oct. 31



Tuesdays at 12:30pm
on Facebook Live*

Learn to be more tech savvy!

Sept. 13 - Nov. 1



In-Person!

Wednesdays at 10am

Join us for our walking group!
Meet in Jefferson Park at the track.

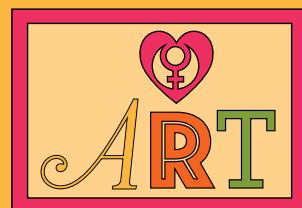
Sept. 14 - Nov. 2



Thursdays at 11am
on Facebook Live*

Learn to cook healthy meals!

If you are a SMART participant and want to receive a monthly art kit to work on at home, email les.larue@smartuniversity.org to be added to the list!



* www.facebook.com/smartuniversity

For more information, contact sam.clare@smartuniversity.org