

SMART 

FALL

2021

**SMART LIVE!**

**VIRTUAL PROGRAMMING**

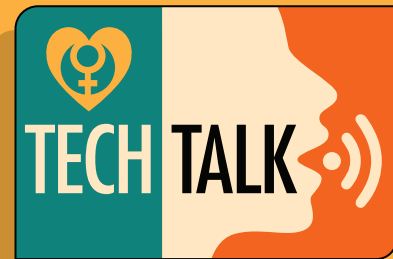
September 7 - October 26



Tuesdays at 11am

(SMART Live! University classes are for SMART participants only. Zoom link will be emailed to you.)

September 7 - October 26



Tuesdays at 12:30pm  
on Facebook Live\*

Learn to be more tech savvy!

September 8 - October 27



Wednesdays at 10am

Join us for our walking group!  
Meet in front of the  
East Harlem Neighborhood  
Health Action Center.

September 9 - October 28



Thursdays at 11am  
on Facebook Live\*

Learn to cook healthy meals!

\* [www.facebook.com/smartuniversity](https://www.facebook.com/smartuniversity)

For more information, contact [sam.clare@smartuniversity.org](mailto:sam.clare@smartuniversity.org)