

SMART Live!



Tuesdays at 11am on Zoom*

January 5: *New Year, New Me*

presented by Juan Pablo Chavez/SMART

January 12: *Understanding COVID (part 1)*

presented by Dr. Samuel Merrick, Medical Director, CSS/NY Presbyterian Hospital

January 19: *COVID Vaccination (part 2)*

presented by Dr. Samuel Merrick, Medical Director, CSS/NY Presbyterian Hospital

January 26: *Blood Pressure*

presented by Carrie Sealey/HHAP

February 2: *COVID, Sex, and STIs*

presented by Carlos Cubas/NYCDOH Bureau of STI

February 9: *SNAP Benefits and Taxes During COVID*

presented by Chiffon Richshard/HHAP

February 16: *Plant Based Diet*

presented by Juan Pablo Chavez/SMART

February 23: *Human Trafficking 101*

presented by Eva Chavez/Safe Horizon

*link emailed weekly to SMART participants