

2021 Spring Schedule

Tuesdays at 11am on Zoom*

March 23: Preventing and Recognizing Signs of Stroke presented by HHAP

March 30: Financial Abuse/Concerns in Times of COVID

presented by Sharene Roig/CONNECT

April 6: Brain Foods

presented by Juan Pablo Chavez/SMART

April 13: Cafe Prep

presented by Columbia University

April 20: Transgender 101

presented by Les LaRue & Frances Wood/SMART

April 27: COVID Updates

presented by Dr. Samuel Merrick, Medical Director, CSS/NY Presbyterian Hospital

May 4: Smoking Cessation

presented by HHAP

May 11: GYN Care NOTE: CLASS WILL BE AT 1:00PM

presented by Eric Ganz, MD/Mount Sinai Hospital

*link emailed weekly to SMART participants