

# SMART *Live!*

## SPRING 2023



### UNIVERSITY

Tuesdays at 11am on Zoom\*

March 21: *Budgeting*

presented by Tianna Anderson/Search and Care

March 28: *Bone Health*

presented by Rosa Donohue

April 4: *IBS Awareness*

presented by Hayley McCorkle, Ceciel Rooker, Alyssa Sutton/IFFGD

April 11: *Department of Aging Services*

presented by Nickie Cheng/NYC Department for the Aging

April 18: *Housing 101*

presented by David Rodriguez, Kensing Ng, Jeffrey Senter/The Legal Aid Society

April 25: *Eating Disorders*

presented by Elisabet Altunkara/NEDA

May 2: *Trauma*

presented by Melanie Sisti/Cornell

May 9: *Food Labels*

presented by Arielle Kestenbaum/Fare Meals

\*link emailed weekly to SMART participants

