

SMART Live!

Culinary Workshops



in JUNE
with Chef Sam Clare!

Thursdays
at 11am!

via
Facebook
Live*

We will be offering a series of 3 Culinary Workshops during the month of June. SMART Participants who attend all 3 workshops (& remain for the entire class!) will receive a \$40 grocery store gift certificate following the final class.

You must be a SMART participant who has completed an intake process to be eligible for the certificate.

Thursday,
June 10

Chicken Thighs
& Veggie Kebabs
on the Outside Grill

Thursday,
June 17

3 Summer Salads
with Fruits and
Homemade Dressings

Thursday,
June 24

Orzo Pasta with
Fresh Tarragon and
Lemon Dressing

*www.facebook.com/smartuniversity/