



SMART ♀

SMART Programs Weekly Schedule:



SMART Art teaches creative expression.
Mondays from 1:00 to 2:30pm

SMART Technology teaches basic computer and internet skills.
Mondays from 11am to 12:30pm



SMART Energy is a movement and relaxation class.
Tuesdays from 9:15 to 10:15am



SMART University is a treatment and health education lecture series.
Tuesdays from 11am to 12:30pm



SMART HEART Activism is a civic engagement series.
Tuesdays from 1:00 to 2:30pm



SMART Body is a hands-on cooking and nutrition education class.
Thursdays from 12 noon to 2:30pm

SMART – Sisterhood Mobilized for AIDS/HIV Research & Treatment
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