

SMART



UNIVERSITY

2018 Fall Session

September 11 – October 30, 2018
Tuesdays, 11:00am – 12:30pm

East Harlem Neighborhood Health Action Center
158 East 115th Street, New York, NY 10029 (corner of Lexington & 115th St.)

*Refreshments
& Metrocard
will be
provided.*

9/11/18 SMART HEART Activism

*Patricia Jerido, LMSW
Leadership Matters*

10/9/18 Self Esteem & Confidence

*Marissa Block, LMSW
Lenox Hill Neighborhood House*

9/18/18 SMART HEART Activism

*Patricia Jerido, LMSW
Leadership Matters*

10/16/18 Bullying

*Deb Fader, LCSW
Lenox Hill Neighborhood House*

9/25/18 SMART HEART Activism

*Patricia Jerido, LMSW
Leadership Matters*

10/23/18 Inter-personal Violence

*Sharene Roig,
CONNECT*

10/2/18 Setting Boundaries with
Family & Friends

*Marissa Block, LMSW
Lenox Hill Neighborhood House*

10/30/18 Communicating with
Medical Providers

*Adriana Valencia, LMSW
Lenox Hill Neighborhood House*

www.smartuniversity.org

OPEN TO ALL SELF-IDENTIFIED WOMEN.

*If you are interested in attending
SMART University classes, please
contact Tara at (212) 289-3900 to
schedule an intake interview
prior to attending class
for the first time.*