

11:00am - 12:30pm

Tuesday, August 14 • Thursday, August 16 Tuesday, August 21 • Thursday, August 23

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If you are interested in attending, please contact Tara at (212) 289-3900 to schedule an interested in attending, please contact Tara at (212) 289-3900 to schedule and a Motrogram prior to the first class. Refreshments and a Motrogram prior to the first class. you are interested in attending, please contact Tara at (212) 289-3900 to schedule an intak interview prior to the first class. Refreshments and a Metrocard provided at each class. East Harlem Neighborhood Health Action Center

158 East 115th Street, New York, NY 10029

(Corner of Lexington & 115th St./#6 Train to Lexington & 16th St.)

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