

SMART UNIVERSITY

SMART BODY SPRING 2008

April 15: Appetizers

April 22: Soups

*April 29: Main Entrees
Seafood*

May 6: Salads

*May 13: Main Entrees
Poultry*

*May 20: Hot and Cold
Sandwiches*

May 27: Juices and Snacks

May 29: Desserts

Every Tuesday from
12:00pm to 2:00pm

You must be a
current SMART University
Participant to attend!

Register Now
Call 212-564-3282

